

# DANCE

## DIVISION DNC

10<sup>th</sup> August – 14<sup>th</sup> August 2020

Chairperson: Verna Walters – 082 804 7898

[vwalters@icon.co.za](mailto:vwalters@icon.co.za)

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**Please read the general rules, as well as the specific rules**

### ENTRY FEES

Solo	R 110-00
Duet	R 70-00 pp
Small Group 3-10	R 55-00 pp
Large Group 11+	R 35-00 pp
Competitive Items	R 220-00

### **Specific Rules:**

#### **DURATION OF DANCE**

- The **duration of each dance** must be accurately timed and indicated on the entry form. This information is essential for compiling of the programme.

#### **REGISTRATION**

- All participants must register in foyer of the Communio Church auditorium, **one hour prior to the performance.**
- Please indicate whether a participant is a beginner in his/her age group.

#### **DRESSING ROOMS**

- All participants are required to dress in the area behind the stage of the auditorium at Communio Church. Any changes will be communicated at registration.
- Participants should be supervised at all times and brought backstage by their **teachers.**
- Teachers are to ensure that participants are **ready to dance 30 minutes prior to their allocated time.**

## STAGE

- **Only teachers** (no parents) will be allowed backstage.
- Participants should be trained to enter and exit the stage in the acceptable manner.
- Half- and quarter-markings will be placed on stage. No other markings will be allowed.

## COPYRIGHT

- Music or dance that forms part of any Association syllabus will not be allowed. **Items will be disqualified immediately** should there be an infringement of copyright.

## AGE GROUPS

- **Ages** to be determined as on **15 August 2020**
- Please note that the **oldest participant** in the group will determine the age of the group.

## MAXIMUM TIME ALLOWED:

SOLO	2 minutes
DUET	2 minutes
GROUP 3-10	3 minutes
GROUP 11 +	4minutes

## MUSIC INFORMATION

- USB flash drives are preferable, but any other means of technology which is compatible with Communio sound will be accepted.
- **Each** item's music must be marked with the participant's name and item number.
- After registration. Please hand in the music at the sound desk in the auditorium.
- Ensure that the music is collected after adjudication as it will not be the responsibility of the sound engineer to return or safeguard any flash drives, etc,

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## BALLET

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### CLASSICAL BALLET

ITEM DNC 1	SOLO
ITEM DNC 2	DUET
ITEM DNC 3	GROUP 3 - 10
ITEM DNC 4	GROUP 11+

### DEMI-CHARACTER

- The **title of the dance** routine must be indicated on the entry form.

ITEM DNC 5	SOLO
ITEM DNC 6	DUET
ITEM DNC 7	GROUP 3 - 10
ITEM DNC 8	GROUP 11+

### LYRICAL DANCE

ITEM DNC 9	SOLO
ITEM DNC 10	DUET
ITEM DNC 11	GROUP 3 - 10
ITEM DNC 12	GROUP 11+

### CULTURAL, NATIONAL AND TRADITIONAL DANCE

- The **nationality** of the dance routine must be indicated on the entry form.
- Dancers must be fully clad in clothes that cover the whole body, please refer
- To GENERAL RULES.

ITEM DNC 13	SOLO
ITEM DNC 14	DUET
ITEM DNC 15	GROUP 3 - 10
ITEM DNC 16	GROUP 11+

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## MODERN DANCING

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### STRAIGHT MODERN

ITEM DNC 17	SOLO
ITEM DNC 18	DUET

ITEM DNC 19	GROUP 3 - 10
ITEM DNC 20	GROUP 11+

## CHARACTER

- The **title of the dance routine** must be indicated.

ITEM DNC 21	SOLO
ITEM DNC 22	DUET
ITEM DNC 23	GROUP 3 - 10
ITEM DNC 24	GROUP 11+

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## JAZZ

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### JAZZ

ITEM DNC 25	SOLO
ITEM DNC 26	DUET
ITEM DNC 27	GROUP 3 - 10
ITEM DNC 28	GROUP 11+

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## MUSICAL THEATRE

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The **title of the dance routine** must be indicated on the entry form.

ITEM DNC 29	SOLO
ITEM DNC 30	DUET
ITEM DNC 31	GROUP 3 - 10
ITEM DNC 32	GROUP 11+

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## TAP

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### STRAIGHT TAP

ITEM DNC 33	SOLO
ITEM DNC 34	DUET
ITEM DNC 35	GROUP 3 - 10
ITEM DNC 36	GROUP 11

### CHARACTER TAP

- The **title of the dance** must be indicated on the entry form.

ITEM DNC 37	SOLO
ITEM DNC 38	DUET

ITEM DNC 39      GROUP 3 - 10  
ITEM DNC 40      GROUP 11

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## BALLROOM DANCING

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- Only one style per dance, such as Foxtrot, Quickstep, Tango, Waltz, Jitterbug, Jive, Rock & Roll.

ITEMDNC 41      FOXTROT DUET  
ITEM DNC 42      QUICKSTEP DUET  
ITEM DNC 43      TANGO DUET  
ITEM DNC 44      WALTZ DUET  
ITEM DNC 45      JITTERBUG DUET  
ITEM DNC 46      JIVE DUET  
ITEM DNC 47      ROCK AND ROLL DUET

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## LATIN AMERICAN

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- Only one style per dance, such as Cha-Cha, Rumba, Mambo, Samba, Jive, Paso Doble, Salsa, Tango.

ITEM DNC 48	CHA-CHA SOLO	ITEMDNC 61	SAMBA DUET
ITEMDNC 49	CHA-CHA DUET	ITEMDNC 62	SAMBA GROUP 3-10
ITEMDNC 50	CHA-CHA GROUP 3-10	ITEMDNC 63	SAMBA GROUP 11+
ITEM DNC 51	CHA-CHA GROUP 11+	ITEMDNC 64	PASO DOBLE SOLO
ITEM DNC 52	RUMBA SOLO	ITEMDNC 65	PASO DOBLE DUET
ITEMDNC 53	RUMBA DUET	ITEMDNC 66	PASO DOBLE GROUP 3-10
ITEMDNC 54	RUMBA GROUP 3-10	ITEMDNC 67	PASO DOBLE GROUP 11+
ITEMDNC 55	RUMBA GROUP 11+	ITEMDNC 68	SALSA SOLO
ITEMDNC 56	MAMBO SOLO	ITEMDNC 69	SALSA DUET
ITEMDNC 57	MAMBO DUET	ITEMDNC 70	SALSA GROUP 3-10
ITEMDNC 58	MAMBO GROUP 3-10	ITEMDNC 71	SALSA GROUP 11+
ITEMDNC 59	MAMBO GROUP 11+		
ITEM DNC 60	SAMBA SOLO		

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## HIP HOP

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### STRAIGHT HIP HOP

ITEM DNC 72      SOLO  
ITEM DNC 73      DUET  
ITEM DNC 74      GROUP 3 - 10  
ITEM DNC 75      GROUP 11+

## CHARACTER HIP HOP

- The **title of the dance routine** must be indicated on the entry form.

ITEM DNC 76	SOLO
ITEM DNC 77	DUET
ITEM DNC 78	GROUP 3 - 10
ITEM DNC 79	GROUP 11+

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## ACROBATICS

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### STRAIGHT ACROBATICS

ITEM DNC 80	SOLO
ITEM DNC 81	DUET
ITEM DNC 82	GROUP 3 - 10
ITEM DNC 83	GROUP 11+

### CHARACTER ACROBATICS

- The **title of the dance** must be indicated on the entry form.

ITEM DNC 84	SOLO
ITEM DNC 85	DUET
ITEM DNC 86	GROUP 3 - 10
ITEM DNC 87	GROUP 11+

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## SOLO STUDIO DANCES

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- No more than **10 dancers** may perform the same dance in each discipline.
- Choreography and choice of music is at the teacher's discretion.

ITEM DNC 88	BALLET
ITEM DNC 89	MODERN DANCING
ITEM DNC 90	TAP
ITEM DNC 91	HIP HOP
ITEM DNC 92	LATIN AMERICAN

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## OPEN

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- **Combine two or more dance styles.**
- Please specify the styles on the entry form.

ITEM DNC 93	SOLO
ITEM DNC 94	DUET
ITEM DNC 95	GROUP 3 - 10
ITEM DNC 96	GROUP 11+

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## SPANISH DANCE

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ITEM DNC 97	SOLO
ITEM DNC 98	DUET
ITEM DNC 99	GROUP 3 - 10
ITEM DNC 100	GROUP 11+

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## STUDENT CHOREOGRAPHY

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- Participants must choreograph their own dance without any assistance.
- The style must be specified on the entry form.

ITEM DNC 101	SOLO
ITEM DNC 102	DUET
ITEM DNC 103	GROUP 3 - 10
ITEM DNC 104	GROUP 11+

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## AFROFUSION

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- A maximum of 4 minutes per item is allowed.

### PRIMARY SCHOOL

ITEM DNC 105	SOLO
ITEM DNC 106	DUET
ITEM DNC 107	GROUP 3-10
ITEM DNC 108	GROUP 11+

### SECONDARY SCHOOL

ITEM DNC 109	SOLO
ITEM DNC 110	DUET
ITEM DNC 111	GROUP 3-10
ITEM DNC 112	GROUP 11+

## OPEN SECTION

ITEM DNC 113 SOLO  
ITEM DNC 114 DUET  
ITEM DNC 115 GROUP3 - 10  
ITEM DNC 116 GROUP 11+

## OPEN- MINE TEAMS AND COMMUNAL TEAMS

ITEM DNC 117 GROUP 11+

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## COMPETITIVE SECTION

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- A programme consisting of **2** dances must be presented
- The programme must consist of **1straight solo** choreographed for the dancer. The **second solo** dance may either be a studio solo, character solo or another straight solo.
- Dances that have been presented in other sections / items may not be performed in this section.
- Styles may not be combined.

ITEM DNC 118	BALLET
ITEM DNC 119	MODERN DANCE
ITEM DNC 120	TAP
ITEM DNC 121	LATIN AMERICAN
ITEM DNC 122	HIP HOP
ITEM DNC 123	ACROBATICS
ITEM DNC 124	SPANISH DANCE
ITEM DNC 125	BALLROOM DANCE

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## CONTEMPORARY DANCE

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ITEM DNC 126	SOLO
ITEM DNC 127	DUET
ITEM DNC 128	GROUP 3 - 10
ITEM DNC 129	GROUP 11+



## DEFINITIONS OF DANCE GENRES

### BALLET

Ballet is a classical and artistic dance form performed to music. It is characterized by light graceful movements and as well as elaborate and precise gestures and steps often including the use of pointe shoes with reinforced toes.

### MODERN DANCE

A free expressive style of dancing developed in the early 20<sup>th</sup> century as a reaction to classical ballet. Focusing more on the dancers own interpretation rather than structured steps, rejecting the upright poised stance of ballet and also including lots of floor work.

### TAP

Tap dance is a form of dance characterized by using the sounds of tap shoes striking the floor as a form of percussion.

### CONTEMPORARY DANCE

*Contemporary dance* (stemming from and previously known as the modern dance of the 1960's and 70's) refers to the latest developments in dance techniques and styles within present day serious dance, i.e. dance as art, and not dance as entertainment. . Styles vary significantly, but what they seem to have in common is the use of contractions and release, rise and fall, floor work, movement unrestrained by restrictions in traditional vocabularies, fusion with various movement genres such as yoga, Tai Chi and cultural dances (such as African ritual dances), and choreography that is not necessarily musical. Themes can be expressive, narrative or abstract.

### LATIN AMERICAN DANCE

Latin dance is a general label and term in partner dance competition jargon. It refers to types of ballroom dance and folk dance that originated in Latin America.

### BALLROOM DANCE

Ballroom dance is formal social dancing in couples, dancers are judged by diverse criteria such as poise, the hold or frame, posture, musicality and expression, timing, body alignment and shape, floor craft, foot and leg action and presentation.

### HIP HOP

Hip-Hop dance refers to street dance styles primarily to Hip Hop music or that have evolved as part of Hip - Hop culture. It includes a wide range of styles primarily breaking, locking, and popping which were created in the 1970s and made popular by dance crews in the USA.

## ACROBATIC DANCE

Acrobatic dance is a style of dance that combines classical dance techniques with precision acrobatic elements. It is defined by its athletic character, its unique choreography, which seamlessly blends dance and acrobatics, and its use of acrobatics in a dance context.

## JAZZ DANCE

*Jazz dance's* only purpose is to entertain. It is "showy" in character. It does not tell stories or express deep feelings. It is mostly done to music with strong pulses and makes use of syncopated rhythms. The movements used are characteristically low "into the ground", strong and dynamic with many angular shapes. It uses many isolations of body parts, such as head rolls and shoulder, rib and hip isolations which are used in coordination to create interesting sequences. Jazz blocks and triple runs (step-ball-change; back-ball-change; pas de bourree) are fundamental. Jazz arms are typically strong and sharply articulated and can take on various interesting shapes. Choreography is often fused with other dance styles, such as rock 'n roll, disco, funk, freestyle, pantsula, kwela, tap, Latin and street dance (as can be seen in various musical theatre productions).

## SPANISH DANCE

Spanish dance is a complex dance form including different styles and the use of instruments and vocal expressions by the dancer. It can be categorized in different groups the most common being Flamenco and is characterized by the use of rhythmic Spanish music often solo guitar with the dancer adding their own percussion with their feet and the use of castanets.

## OPEN DANCE

An *open section* is not a waste basket section into which anything can go. It is a category meant for fusing different dance forms, varying ages and theatrical trends that do not neatly fit into any other category.

## TRADITIONAL DANCE

A traditional dance has arisen from people's cultural traditions. It is generally more of a social activity rather than competitive, but it is normally choreographed. It can be either solo, partnered, and are mainly danced in formation. *National dances* and *traditional cultural dances* are to be strictly authentic and specific to a particular nation, culture and tradition

## MUSICAL THEATRE

The *Musical Theatre* category comprises of a performance done to a song taken from an actual musical theatre production's repertoire, which is performed while portraying the character/s in the particular musical. It typically makes use of characterisation (acting), and either live singing or lip-syncing.

## CHARACTER DANCE

A *character dance* portrays a character both through the choreography and the dancers' portrayal. The choreography needs to add to the telling of the characters story or the expression of the character's feelings. Acting is a requirement. Simply doing a dance in a character costume is unacceptable. Character dances can comprise of different styles, such as Jazz, lyrical dance, contemporary dance, tap and ballet (demi-character).

## AFROFUSION

*Afrofusion* is the merging of traditional African dances and contemporary dance techniques. It is nowadays referred to as Afro-contemporary dance